## Upcoming Events



The Science of Why We're Socially Awkward, and Why That's Awesome:

Social Skill Building
Dr. Ty Tashiro
Wednesday, March 13 at noon and 7 p.m.
NOON: https://glenbard.zoom.us/j/81317497567
7 p.m.: https://glenbard.zoom.us/j/82866931356

## The School of Hard Talks: Motivational Interviewing for Better

 Conversations and Stronger RelationshipsDr. Emily Kline
Tuesday, March 19 at noon and 7 p.m.
NOON: https://glenbard.zoom.us/j/84649203929
7 p.m.: https://glenbard.zoom.us/j/89390839928


La relación padre-hijo: Equilibrar el amor y la autoridad / The Parent
Child Relationship: Balancing Love and Authority
Dr. Mario Guzman
Thursday, March 21 at 6 p.m.
BPAC event presented in Spanish, in-person at Glenbard West

Understanding Social Anxiety and the Complexity of Teen Relationships
Lynn Lyons
Thursday, April 4 at noon and 7 p.m.
NOON: https://glenbard.zoom.us/j/83158633673
7 p.m.: https://glenbard.zoom.us/j/89050327558


You and Your "Almost" Adult Child: How to Grow Together in
Challenging Times
Dr. Laurence Steinberg
Wednesday, April 10 at noon and 7 p.m.
NOON:: https://glenbard.zoom.us/j/87208592799
7 p.m.: https://glenbard.zoom.us/j/87248843483

Raising Kids Who Feel Safe, Seen \& Secure: The Power of Showing Up
Dr. Tina Payne Bryson
Tuesday, April 16 at noon and 7 p.m.
NOON: $:$ https://glenbard.zoom.us/j/87698218587
7 p.m.: https://glenbard.zoom.us/j/87123217679

